

Credit is available from
Faculty of Theology,
University of Winnipeg
Contact the Faculty directly
for more information



Mary Coswin, OSB
Co-Director

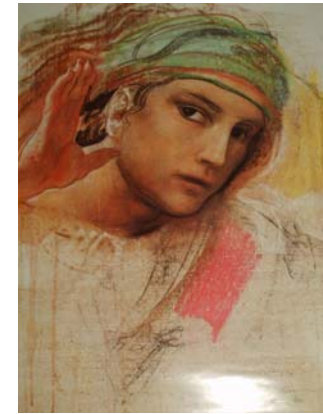


David Walsh,
Co-Director

Application Packet
Available upon request:
Call Kimberly at
204-339-1705 or email
stbenscentre@mts.net

St. Benedict's presents

Shekinah



**Formation for the
Ministry of Spiritual Direction
in the Christian Tradition
2011-2013**

**225 Masters Avenue
Winnipeg, MB R4A 2A1
Phone 204-339-1705
www.stbens.ca**

FOR WHOM?

This 2-year formation process is designed to help mature Christian women and men discern a call to the ministry of spiritual direction and to offer them the formation and training to begin this ministry.

Shekinah * welcomes applications from Christians of all denominations.

* Shekinah refers to the Divine Presence in our midst.

GOALS OF THE PROGRAM/ PROCESS

- ❖ To deepen participants' capacity for contemplative listening
- ❖ To foster and deepen authentic Christian spirituality
- ❖ To introduce participants to the theory and practice of Spiritual Direction
- ❖ To provide supervision as the participants practice and refine some skills of spiritual direction
- ❖ To provide a prayerful learning community for the participants
- ❖ To engage the participants in the ongoing process of discernment

COMPONENTS OF THE PROGRAM

- ❖ Writing & presenting theological reflection papers on relevant topics
- ❖ Nurturing one's own inner life through various spiritual practices
- ❖ Practicum: the supervised experience of directing several persons
- ❖ Weekend Retreat with direction
- ❖ Seminar presentation on Spirituality, Direction Skills and Issues in Spiritual Direction

QUALIFICATIONS

- ❖ Christian adults with evidence of being seriously committed to an ongoing spiritual life, to personal growth and to ministry.
- ❖ Experience of receiving ongoing spiritual direction for at least one year prior to application to the program.
- ❖ Adequate knowledge of scripture, spirituality and psychology.
- ❖ Time and willingness to complete all components of the program. (Note: Live-in required for intensives and monthly seminars)
- ❖ Some initial indication of being called to the Ministry of Spiritual Direction

APPLICATION PROCESS AND DEADLINE

- ❖ Completion of Application Form
- ❖ Letters of Recommendation from two persons
- ❖ \$40.00 non-refundable processing fee payable to 'St. Benedict's Retreat & Conference Centre'
- ❖ Application Deadline: April 15, 2011

ADMISSION

An interview with the applicant will be arranged and notice of acceptance given by June 1, 2011. Priority will be given to those applicants who have had ongoing spiritual direction, and who meet most of the outlined qualifications.

PROGRAM FORMAT

Shekinah extends over a period of two years:

September 2011 – May 2013

Information Session: January 29, 10-11 am

- ❖ Two 4-Day Live-In Intensives:
Mon.. 4:00pm - Fri 1:00pm
 - ❖ Two weekend live-ins:
Fri. 7:00 PM – Sun, 1:00 PM
 - ❖ Twelve monthly **Live-In** Seminars
Mon. 7:00pm – Tues. 4:00pm
- All Dates on separate insert

PROGRAM FEE

\$4,800 for the 2-year Program

Fee includes tuition and materials; individual supervision and speaker fees, **all** meals, snacks & accommodations.

Spiritual direction is *not* included; it is the responsibility of the individual.

Four equal payments of \$1200 are due in September 1, 2011, January 1 & September 1, 2012 and January 1, 2013.



